



Light for Israel

THE ENTRANCE OF THY WORDS GIVETH LIGHT. - PSALM 119:130



Torah Portions 5786 /2025-2026

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PARASHAH	DATE	HEBREW DATE	TORAH	HAFTARAH
GENESIS / B'REISHEET בראשית				
B'reisheet	18 Oct 25	26 Tishrei	Gen. 1:1-6:8	Isaiah 42:5-43:10
Noach	25 Oct 25	3 Cheshvan	Gen. 6:9-11:32	Isa. 54:1-55:5
Lech Lecha	1 Nov 25	10 Cheshvan	Gen. 12:1-17:27	Isa. 40:27-41:16
Vayera	8 Nov 25	17 Cheshvan	Gen. 18:1-22:24	2 Kgs. 4:1-37
Chayei Sarah	15 Nov 25	24 Cheshvan	Gen. 23:1-25:18	1 Kgs. 1:1-31
Toldot	22 Nov 25	2 Kislev	Gen. 25:19-28:9	Mal. 1:1-2:7
Vayetzei	29 Nov 25	9 Kislev	Gen. 28:10-32:3	Hos. 12:13-14:10
Vayishlach	6 Dec 25	16 Kislev	Gen. 32:4-36:43	Hosea 11:7-12:12
Vayeshev	13 Dec 25	23 Kislev	Gen. 37:1-40:23	Amos 2:6-3:8
Miketz	20 Dec 25	30 Kislev	Gen. 41:1-44:17	1 Kgs. 3:15-4:1
Vayigash	27 Dec 25	7 Tevet	Gen. 44:18-47:27	Ez. 37:15-28
Vayechi	3 Jan 26	14 Tevet	Gen. 47:28-50:26	1 Kgs. 2:1-12

EXODUS / SH'MOT | שמות

Shemot	10 Jan 26	21 Tevet	Ex. 1:1-6:1	Isa. 27:6-28:13
Vaera	17 Jan 26	28 Tevet	Ex. 6:2-9:35	Ez. 28:25-29:21
Bo	24 Jan 26	6 Sh'vat	Ex. 10:1-13:16	Jer. 46:13-28
Beshalach	31 Jan 26	13 Sh'vat	Ex. 13:17-17:16	Jdg. 4:4-5:31
Yitro	7 Feb 26	20 Sh'vat	Ex. 18:1-20:23	Isa. 6:1-7:6, 9:5-6
Mishpatim	14 Feb 26	27 Sh'vat	Ex. 21:1-24:18	Jer. 34:8-22; 33:25-26
Terumah	21 Feb 26	4 Adar	Ex. 25:1-27:19	1 Kg. 5:26-6:13
Tetzaveh	28 Feb 26	11 Adar	Ex. 27:20-30:10	Ez. 43:10-43:27
Ki Tisa	7 Mar 26	18 Adar	Ex. 30:11-34:35	1 Kg. 18:1-39
Vayakhel / Pekudei	14 Mar 26	25 Adar	Ex. 35:1-38:20 Ex. 38:21-40:38	1 Kg. 7:40-50 1 Kg. 7:51-8:21

LEVITICUS / VAYIKRA | ויקרא

Vayikra	21 Mar 26	3 Nisan	Lev. 1:1–5:26	Isa. 43:21–44
Tzav	28 Mar 26	10 Nisan	Lev. 6:1–8:36	Jer. 7:21-8:3; 9:22-23
Pesach III	4 Apr 26	17 Nisan	Ex. 12:21–51	Josh. 3:5-7; 5:2-6:1
Shmini	11 Apr 26	24 Nisan	Lev. 9:1–11:47	2 Sam. 6:1–7,17
Tazria/Metzora	18 Apr 26	1 Iyyar	Lev. 12:1-13:59 Lev. 14:1-15:33	2 Kg. 4:42-5:19 2 Kg. 7:3-20
Acharei Mot/ Kedoshim	25 Apr 26	8 Iyyar	Lev. 16:1-18:30 Lev. 19:1-20:27	Ez. 22:1-16 Amos 9:7-15
Emor	2 May 26	15 Iyyar	Lev. 21:1–24:23	Ez. 44:15–31
Behar/ Bechukotai	9 May 26	22 Iyyar	Lev. 25:1-26:2 Lev. 26:3-27:34	Jer. 32:6-27 Jer. 16:19-17:14

NUMBERS / B'MIDBAR | במדבר

B'midbar	16 May 26	29 Iyyar	Num. 1:1–4:20	Hosea 2:1–2:22
Shavuot II	23 May 26	7 Sivan	Deut. 15:19-16:17	Hab. 3:1-19
Nasso	30 May 26	14 Sivan	Num. 4:21–7:89	Jud. 13:2–25
Beha'alotcha	6 Jun 26	21 Sivan	Num. 8:1–12:16	Zec. 2:14–4:7
Sh'lach	13 Jun 26	28 Sivan	Num. 13:1–15:41	Josh. 2:1–24
Korach	20 Jun 26	5 Tamuz	Num. 16:1–18:32	1 Sam. 11:14–12:22
Chukat/ Balak	27 Jun 26	12 Tamuz	Num. 19:1–22:1 Num. 22:2–25:9	Jdg. 11:1–11:33 Mic. 5:6–6:8
Pinchas	4 Jul 26	19 Tamuz	Num. 25:10–30:1	1 Kings 18:46-19:21
Matot/ Masei	11 Jul 26	26 Tamuz	Num. 30:2-32:42 Num. 33:1-36:13	Jer. 1:1-2:3 Jer. 2:4-28; 3:4

DEUTERONOMY / D'VARIM | דברים

D'varim	18 Jul 26	4 Av	Deut. 1:1–3:22	Isa. 1:1–27
Vaetchanan	25 Jul 26	11 Av	Deut. 3:23–7:11	Isa. 40:1–26
Eikev	1 Aug 26	18 Av	Deut. 7:12–11:25	Isa. 49:14–51:3
Re'eh	8 Aug 26	25 Av	Deut. 11:26–16:17	Isa. 54:11-55:5
Shoftim	15 Aug 26	2 Elul	Deut. 16:18–21:9	Isa. 51:12–52:12
Ki Teizei	22 Aug 26	9 Elul	Deut. 21:10–25:19	Isa. 54:1–10
Ki Tavo	29 Aug 26	16 Elul	Deut. 26:1–29:8	Isa. 60:1–22
Nitzavim/ Vayeilech	5 Sep 26	23 Elul	Deut. 29:9–30:20 Deut. 31:1-30	Isa. 61:10–63:9 Hosea 14:2–10; Joel 2:15-27

The Torah (Five books of Moses) is divided into 54 sections called parshah (plural parshiyot). Each week a section (parshah) is read so that in the course of the year, the entire Torah is read. The Haftarah is a section from the Prophets (Ni'vim) that is thematically linked to the Torah portion of the week and offers deeper reflection on the Torah reading.